

**COOKEVILLE**

# Leisure Life

A guide to parks, museums, cultural arts and recreation opportunities offered by Cookeville Leisure Services





# Director's Take



**A**s the city's leading provider of quality recreation and leisure opportunities, we continuously strive to stay attune to the interests and desires of our community.

In fact, the Department of Leisure Services was created following a planning process that asked citizens of Cookeville what they wanted to see in their community. Today, we are excited by the results of a similar process.

Recently, our department took on a Master Land Use Planning process to determine how we could best use the park land we have at Cane Creek and Park View. Having heard a community interest in a dog park, mountain bike trails, a skate park and an aquatics facility, we were pleased to see that HFR Design, the professional firm that led us through that planning process, was able to identify potential locations for all of those things.

A small dog park could be accommodated at Cane Creek Park, there is area north of the lake at Cane Creek for mountain bike trails, the old pool at Park View could be converted into a skate park and there is room at Cane Creek, near the Recreation Center, for an aquatics facility.

When the City Council began a planning process called Envision Cookeville later in 2015, we knew that the results of that plan could tell us which of the items in our Land Use Plan should be a priority. Through Envision Cookeville, residents had the opportunity to complete a survey identifying items they thought were important for their community. Among the top vote getters were a skate park and aquatics facility.

While both do require funding to complete, having the Land Use Plan in place means we know that we do have existing space for those items and tells us where they should be located.

Some of the items in our Land Use plan, like mountain bike trails at Cane Creek Park, can be done without spending much money at all. With the help of a group of local mountain bike enthusiasts, we have already started mapping out the trails and will use volunteers to do much of the trail building.

With knowledge of what our citizens are interested in and a plan for accommodating some of those items, we are confident that moving forward, we can work closely with the City Council to continue to provide and expand quality offerings to our community.

A handwritten signature in black ink that reads "Rick Woods". The signature is written in a cursive, slightly slanted style.

**Rick Woods**

**Director, Cookeville Leisure Services**



**Cookeville Leisure Services Fitness offers classes for all fitness levels. Spin, yoga, Zumba and a wide variety of other classes are available for just \$3 per class with no membership or registration fee. For more information and a schedule of this month's offerings, visit [www.cookeville-tn.gov/ls/fitness/](http://www.cookeville-tn.gov/ls/fitness/).**

## Our Parks

### Dogwood Park

A green oasis in the downtown area, located at 30 E Broad St, across from the City Municipal Building. It's a great place for lunchtime picnics. The Department's Performance Pavilion is located in this park. This park is also home to a beautiful interactive fountain which flows daily throughout the spring/summer season. Dogwood Park is also the home of the new Heart of the City Playground.

### West End Park

This neighborhood park is located at 609 West End and has a volleyball court, play equipment, picnic tables, a basketball court and new restroom facilities.

### Walnut Park

This park is located at 186 South Walnut Avenue, immediately behind the Senior Citizens Center. This passive park contains a walking trail, picnic tables and a gazebo.

### Franklin Avenue Park

Franklin Avenue Park is located at the corner of Franklin Avenue and 6th Street. It is one of the most

popular neighborhood parks and contains play equipment and a small picnic shelter.

### Capshaw Park

On the corner of South Maple, Stevens St. & Elm Ave. this park is adjacent to Capshaw School. This park is a natural area with trails and picnic tables.

### Park View Park

This park is adjacent to Park View Pool at 570 Scott Avenue. The park features playground equipment as well as a picnic shelter with tables.

### City Lake Natural Area

This 35 acre City Lake Natural Area is located on Bridgeway Drive and is preserved in its natural state, with some improvements to help accessibility. The park is a favorite area with fishermen as they can catch catfish, bass and bream. Cookeville's first water treatment facility was constructed here.

### Cinderella Park

Located at the end of Mitchell Avenue at 700 Cinderella Lane, Cinderella is one of the city's oldest neighborhood parks. It

also has a small picnic shelter with tables and a basketball court.

### Cane Creek Park

Cookeville's largest park and the "Finest Municipal Park in the Upper Cumberland," located at 201 CC Camp Rd., hosts well over 100,000 visitors yearly. The park contains a concession stand, three picnic shelters, basketball and volleyball courts, play equipment, hiking and walking trails, boat rentals, an 18-hole Disc Golf Course and a lake to fish. Shelters may be rented by calling 520-4FUN. Paddleboats, may be rented at the concession stand April through September.

### Ensor Sink Natural Area

A beautiful little park in the heart of town which features picnic tables, two walking trails, a small amphitheater for lectures and educational uses, a stone council ring for scout meetings and nature groups and a gazebo with an informational kiosk which centers on our city's system of sink holes.

[Cookeville-tn.gov/ls/city-parks](http://Cookeville-tn.gov/ls/city-parks)

**Cookeville Leisure Services provides a variety of classes for our community, including photography, Tai Chi, meditation and more. To find a list of current class offerings, visit [www.cookeville-tn.gov/lis/classes-programs/](http://www.cookeville-tn.gov/lis/classes-programs/).**



## Our Facilities

### Administrative Office

45 East Broad Street  
931-520-4FUN

Located in the Cookeville Municipal Building at 45 East Broad Street

### Cane Creek Rec Center

180 C.C. Camp Rd.  
931-526-7393

Located near Cane Creek Park, this facility is now host to all of our classes, many special events, fitness program, camps and Leisure Services School of Dance.

### Cane Creek Gymnasium

180 C.C. Camp Rd.  
931-526-9767

Located beside Cane Creek Recreation Center, the gym is host to special tournaments, sporting events, basketball, soccer, volleyball, pickleball, league play and camps throughout the year along with open gym times. Gym space is available for party rental as well.

### Cookeville Performing

#### Arts Center

10 East Broad Street  
Box Office

931-528-1313 or 931-520-5296

The Performing Arts Center is host to several local productions as well as regional and national touring companies.

### Cookeville Depot Museum

116 West Broad Street  
931-528-8570

This facility is dedicated to the preservation of the area's historical heritage, and focuses on the Tennessee Central Railroad's impact on the Upper Cumberland Area. The museum hosts fun, family-friendly events throughout the year. Hours are: Tues - Sat. 10 am - 4 pm. Free admission.

### Cookeville City Cemetery

241 South Walnut Avenue  
931-372-8086

Owned and operated by the Cookeville Leisure Services Department, the cemetery is located between Walnut and Scott Avenues near the heart of Cookeville. The Cemetery Office is open 9 a.m.-3 p.m., Mon-Fri for your convenience.

### Cookeville History Museum

40 East Broad Street  
931-520-5455

This museum opened its doors to the public February 23, 2001. Along with the Upper Cumberland Heritage Foundation and the Friends of the Museum organization, the staff is busy collecting artifacts, memorabilia and photographs of Cookeville, Putnam County, and the surrounding area. In 2006, the mu-

seum moved to its new location at 40 East Broad Street across from City Hall. The museum hosts exhibits of local interest.

### Dogwood Performance Pavilion

30 East Broad Street  
931-520-5296

An outdoor performance pavilion in Dogwood Park. The pavilion is available for rental by calling 520-5296 and is the location of many of our concerts and events.

### Cane Creek Sportsplex

2200 W. Jackson Street  
931-5224

A complete softball/baseball complex which includes four adult fields and four youth fields and hosts many major tournaments throughout the year.

### General Maintenance

790 East 15th Street  
931-520-5257

The general maintenance crew takes care of all the city's buildings and is in charge of many of the department's major projects.

### Parks Maintenance

544 Scott Avenue  
931-528-2605

The parks maintenance crew, also known as the beautification crew, is located near Park View ball fields. They maintain those fields and all the city parks.

# Best Friends



**Tiffany Lollar and Darla Richardson**

## + Fitness

### **Friends who started as students now instructors for Leisure Services Fitness**

One loves cardio, the other prefers strength and resistance training. Put them together and Tiffany Lollar and Darla Richardson form the dynamic pair that make Cane Creek Boot Camp a well-balanced, high energy workout.

Actually, the two have been friends since about third grade when they first tried out for cheerleading together.

“I remember the first time we met,” Lollar recalls. “My mom was dropping me off at cheerleading and I wasn’t very excited about it, didn’t really think I wanted to do it, but she told me I needed to try. She said to me, ‘See that little girl over there with the

blonde hair, I bet she can tell you what to do.’”

That little girl with blonde hair was Darla, who jokes that she has been telling Tiffany what to do since that day.

And there could be some truth to that, since the two have been friends since that day.

“We kind of hold each other accountable for everything in life,” Tiffany said.

Turns out, Tiffany ended up liking cheerleading enough to stay involved through high school, when the two friends first started coming to Leisure Services Fitness classes 18 years ago.



**Tiffany Lollar and Darla Richardson started coming to Leisure Services Fitness classes in high school.**

“We had a teacher at school, Janice Cox, who was an instructor and told us about her classes,” Darla recalls. “Once I was 16, I could drive us to Friday night kickboxing classes.”

Attending fitness classes became a hobby for the two, who would do a 4:15 Leisure Services workout and finish up just in time to make it back to school to cheer at the Friday night football games.

“We would always try to get a workout in before the game,” Darla said. “We just loved it.”

Those days were before the Cane Creek Recreation Center, back when fitness classes met in a borrowed building on Jefferson Avenue and then in the cafeteria at the Algood School.

“We never felt intimidated to come to the Leisure Services classes,” Darla said.

Tiffany fell in love with Turbo Kick classes.

“Just for fun, we got our certification to be Turbo Kick instructors and that led to other certifications,” Lollar said.

“We just really thought it was fun to go to conventions and work out all day and earn different certifications,” Darla added.

The two had been attending Cane Creek Boot Camp and when the program needed an instructor, they agreed to take over. That was about

**Tiffany and Darla have been friends since elementary**



five years ago.

“We play off each other’s specific interests, so there is something in there for everyone,” Darla said.

And that “something for everyone” is what the two say makes working with Leisure Services Fitness so great.

“You can come in and, if you have never worked out a day in your life, feel supported and get a great workout, or you can really amp it up and take your fitness to the next level,” Tiffany said.

“There is a way for everyone to work at their own pace, whatever that pace is.”

Tiffany and Darla also teach their own classes with Leisure Services and value the friendships they have established with the people who come to each of their classes.

“Of course we want you to get fit, but we want you to develop friendships too, to help with accountability and support,” Tiffany said. “Come work out with us!”



Canada geese swim across the lake at Cane Creek Park.

## Waterfowl gather at Cane Creek Park

**Y**ou could say they are the celebrities of Cane Creek Park. It is true that some people make special trips to the park just to visit the ducks and geese that gather there.

And they certainly don't mind the attention. Take a few steps toward the designated duck feeding area and you're likely to have a few feathered friends come up, eager to greet you.

Among them, are Mallard Ducks, Wood Ducks, some domestic ducks and Canada Geese.

"Canada Geese are among the most social species in the world," Tennessee Tech Professor Dan Combs said.

Combs and his students have been tracking and studying the goose population in the park since 1998. That's why you may notice that many of the geese wear white collars printed

with identifying codes.

"We can learn a lot by identifying them as individuals," Combs said. "We can track long term nesting habits and determine where these birds hatched."

Through the tracking collars, birds identified in Cane Creek Park have been found to have traveled as far away as the tundra zone in Canada. While many of the geese hatched in Cane Creek Park tend to stay in the area, Combs said there are actually a number of birds that leave the park and go elsewhere and even a few coming into the park from other areas to stay for an extended period of time.

There are approximately 50 Canada Geese in the park during most of the year, but during the summer molt, that number goes up dramatically.

“The geese lose all their flight feathers and are flightless for about four weeks,” Combs explained.

During that time, the birds will gather in large groups on bodies of water where they can easily find food.

Staying in the water also allows the birds protection from predators.

With the lake at Cane Creek being the largest nearby body of water, anywhere from 200 to 250 geese gather there for the molt during June and July.

“That’s when they can be considered a nuisance, in numbers like that, with feathers and droppings all over the place,” Combs said.

To help relieve some of those problems at Cane Creek Park, Combs and his students at Tennessee Tech developed a plan to drive the geese to one area of the park, keeping their mess somewhat contained. In boats, the professor and his students drive the geese under a bridge to the eastern end of the lake.

A gate is placed on one side of the bridge, so the geese cannot swim back across, and, since they can’t fly back, most of the geese stay in that area of the park through the molt.

Food for the geese is also put out in the area, giving the birds extra incentive to stay put.

“It has worked pretty well,” Combs said. “It still allows the geese what they need and is safe for them and it keeps the problems in the park down.”

The molt is also a time when



**A park visitor offers a piece of bread to a Muscovy duck in Cane Creek Park.**

Combs and his students can give any new geese collars to track their movement.

“We are looking at some pretty interesting numbers and information from these collars,” Combs said.

The geese mate for life, and it seems there may be some more complex social relationships between the geese, specifically in family structure. About 6,000 geese have been marked since the project started. On average, the geese live about five years, but some of the geese tagged in Cane Creek Park have been reported to have lived for more than 13 years.

Aside from the Canada geese, Combs said it is possible to spot more than 20 species of ducks and even other species of geese passing through the park throughout the year.

Coots, a small water bird, typically black with white markings on their heads, are also common in the park. In the spring, you might even spot a Loon, Combs said.

None of the birds are typically aggressive and visiting them in the park is a great opportunity for bird watchers, Combs said.

# Let's Play!



**A youngster pulls himself through the roller table tunnel at Heart of the City Playground in Dogwood Park.**

## City's newest playground allows all children to play side-by-side

**C**ookeville's Heart of the City Playground is unique. There's no question about that.

The 12,000 square-foot playground was named by the community, paid for with funds raised by the community and built by the hands of the community.

And the structure itself is specifically designed so that all children in the community, no matter their ability or mobility level, can play together.

That means lots of ramps, a

poured-in-place rubber surface and some special pieces of equipment.

"Our playground is 100 % accessible, from the surface all the way to the top of the TTU Castle due to a structure of ramps designed especially so wheelchairs and walkers can access each and every nook and cranny our playground has to offer," Playground Committee Chair Kelly Swallows said. "This comes at a cost of materials since ramps are more costly than steps, but it was a necessity in our opinions!"

The playground surface is a shock absorbent, porous, almost bouncy surface, which makes it safe for falls, but also makes it so that those with mobility limitations can have access. One of the most popular items on the playground is the bird's nest swing.

"This is basically an upgraded tire swing that swings forward and back and can fit up to five children at one time," Swallows explained.

The swing is great for children with no or limited mobility in their lower body, since they can be placed safely on the swing to enjoy the forward and backward movement in a fun but secure way.

There are also two therapeutic swings on the playground, one on the tot lot and one in the area for 5 to 12-year-olds.

These swings have a chair-like seat with a high back and harness for back and neck support. These swings are rarely found on playgrounds because of their price tag, but they can accommodate children and young adults up to 250 pounds.

The playground's roller table allows children to use their upper body to pull themselves through a tunnel supported by roller wheels.

"Wheelchair-bound children can, for the first time, be placed onto the table and, by themselves, utilize their arms to move," Swallows said. "It is a great piece of equipment that kids of all ages and abilities can use!"

What could be the most unique item on the playground, the Ability Whirl, is an updated, fully-

accessible merry-go-round.

"The only place with a patent on this amazing piece of equipment comes out of Germany," Swallows said. "This round-about whirl is not your typical piece of playground equipment. There are only a handful of playgrounds in the world that have this!"

It can hold many children at once, even strollers, walkers and wheelchairs can roll right up onto the zero-entry platform. It even has seats with harnesses.

"No one will feel left out with this piece of equipment," she said.

And when it comes to lots of kids playing together, the playground's we-saw, a popular version of the traditional seesaw, has seats for four children plus space in the center console for more children to join in the fun.

The playground has shaky bridges, bouncy bridges and ramps that feature different textures and different kinds of movement. Swallows said these items are designed to stimulate a child's occipital lobe, which is key for proper growth and brain development.

"There are various balance beams in the playground that are low enough to the ground so that someone in a walker or wheelchair can use them," Swallows said. "We also have some rings with handles to assist kids of all needs and abilities to get from one side to another utilizing their upper bodies!"

All of it comes together to make Heart of the City Playground the Upper Cumberland's only all inclusive, fully-accessible playground.



# Employee Spotlight:

## Pam Philpot



**Pam Philpot is the Exhibit Specialist for Cookeville museums.**

# Philpot brings designer's touch to museum exhibits

**W**hen it comes to turning a pile of artifacts into an engaging exhibit for the Cookeville History Museum, presentation can make all the difference. The way items are presented can bring them to life, give them a voice and help them tell their story. That's where Cookeville Museums Exhibit Specialist Pam Philpot comes in.

"I have a really interesting job," Philpot said. "I get to hear lots of stories from all kinds of people, and that's what history is all about - stories."

Philpot plans and designs exhibits for the Cookeville History Museum. From gathering ideas for potential exhibits, to collecting and organizing artifacts, to designing and setting up the exhibit space, Pam oversees the museum's displays from start to finish.

"We try to focus on local history, but sometimes do feature local collections as well," she said.

She has worked with the historical arts division of the Department of Leisure Services since 2004 and became the full-time exhibit specialist in 2013.

In that time, she has seen the museum grow, not only in size but also in the number of visitors it sees regularly. The museum has been in its current home on Broad Street near the entrance to Dogwood Park since 2007.

"We have a great facility for a town this size. People are surprised when they come in and see what a nice space we have."

And being a behind-the-scenes part of visitors' local museum

experience is among the best parts of her job, Philpot says.

"I just really like to see people's reactions to the different things we put together."

Among her favorite exhibits to come through the museum are the "Wattenbarger Ships," a collection of ships that were hand-built by a local resident and presented a special challenge because of their delicate nature, and a local folklore exhibit that allowed her to be especially creative in designing the exhibit space.

Since her mother was a high school history teacher, Pam took lots of family trips to historical sites and monuments when she was younger.

So even though history was not something she chose to study in college, it has always been an area of interest for her. Instead, she has a degree in housing and design and worked as an interior designer before coming to the museum.

That combination, gives her an appreciation for the museum's mission of promoting and preserving local history and an eye for designing quality exhibits. Aside from her work at the History Museum, Pam also does exhibits for the Cookeville Depot Museum, helps plan special museum events, does graphic design and promotions for the historical arts division, is a mom to 3-year-old Louis and works with her husband Edward at his restaurant, Foglight Foodhouse in Walling, Tenn.

The History Museum is open Wednesday—Saturday, 10 a.m. to 4 p.m. each day and admission is free.

# Take the Field



The Cane Creek Sportsplex hosts more than 30 softball tournaments each year.

## Cane Creek Sportsplex draws teams to Cookeville

**S**aturdays in March through October are full of activity at the Cane Creek Sportsplex as teams from all over Tennessee, and even other states like Ohio, Illinois, Indiana and Kentucky, gather there to play ball.

Why come to Cookeville to play? Tournament director John Conditt says it's the facility at Cane Creek that makes softball tournaments in Cookeville so appealing.

"The facility is always clean and offers a quality experience, so peo-

ple who have been here to play want to come back," he said. "The crew at the Sportsplex is fantastic to work with. You have the best crew in Cookeville of any comparable city, by far."

Conditt has been directing tournaments, the majority of which are high school tournaments, at Cane Creek for about eight years and says he knows a quality field when he sees one, having directed events at Columbia State Community College and Lipscomb University fields.



**Players from all over middle Tennessee and surrounding states gather at the Cane Creek Sportsplex to enjoy weekend softball tournaments.**

“Traveling to play ball is a big commitment for people, to take time away from everything else to come out,” Conditt said. “So with the facilities in Cookeville, with the multiple fields, it is reasonable to play a tournament in a day, so people still have time in their weekends to do other things.”

But Conditt’s tournaments often draw enough teams to warrant two, sometimes three days of play, keeping folks in town for extended periods of time, which helps fuel the local economy, as well.

Darrell Austin, who is also directing several tournaments at the Sportsplex this season, agrees that Cookeville is a great place to hold tournaments.

“The fields are always in excellent condition, there is plenty of parking and local shopping, and the people here are easy to work with, very hospitable,” he said.

Austin hosts primarily recreational team tournaments, and most of the teams playing in them are traveling 30 to 70 miles to get to Cookeville.

“They come from Chattanooga, Cleveland, Knoxville and all over,” he said. “There are good fields in their hometowns too, but they always enjoy playing in Cookeville, so they’re willing to drive.”

Tournament directors work with Leisure Services Athletics Superintendent Jim Crea to reserve the fields. Then, it is the tournament director’s responsibility to advertise and recruit teams to come play. Recently, Conditt has started using the Sportsplex to host college exposure events as well. These events allow high school players interested in pursuing a college sports career to play in front of recruiters from junior and four-year colleges.

“I think you have a gold mine there in Cookeville,” Conditt said of the Sportsplex. “You have a mayor who cares, a (department) director who cares and an outstanding staff.”

Spectators are welcome at Sportsplex events. Find a schedule of upcoming tournaments online at [www.cookeville-tn.gov/ls/ccsportsplex/](http://www.cookeville-tn.gov/ls/ccsportsplex/).

# Spring & Summer

## Cookeville Museums History Hikes

Second Saturday of each month  
from 10 a.m. – 2 p.m.

Take a walk on the WestSide and explore the area's history with a stroll between the Cookeville History and Depot Museums. You can start your History Hike at either museum and there are different prizes and themes each month.



## Co-Ed Softball League Play

Monday, April 4

Church Softball League play begins. Registration  
Deadline March 24.

Tuesday, April 5

Co-Ed Softball League play begins. Registration  
Deadline March 24.

Monday, August 1

Men's Softball League play begins. Registration  
Deadline July 22.

Tuesday, August 2

Co-Ed Softball League play begins. Registration  
Deadline July 22.



## Nature Fest

April 21, 22, 23 & 24

Nature Fest is a four-day celebration of the great outdoors brought to you by the Tennessee Tech Biology Department, Cookeville Leisure Services, the Tennessee Wildlife Resources Agency and the Nature Fest organizing committee. This free event

is held on the TTU campus, City lake Natural Area, Cane Creek Park and other locations. For details and program schedules, visit [www.naturefestcookeville.com](http://www.naturefestcookeville.com).



## Storyfest in the Park

Saturday, April 23

9:30 a.m.—5 :30 p.m.

Join us for Cookeville's third annual Storyfest in Dogwood Park. This free, family-friendly event will feature story tellers from across the region. Come listen for a while!



## World Tai Chi Day

Saturday, April 30

Cookeville will join participants around the world in a free Tai Chi demonstration at the Cane Creek Recreation Center starting at 10 a.m.

# Dates to Know



## Dogapalooza

**Saturday, May 7**  
1-4 p.m.

Cookeville's seventh annual Dogapalooza in Dogwood Park will feature an adoptable pet parade, kid's dog show, demonstrations, pet-related vendors and information and an off-leash play area. A free event.



## Summer Camp

**Begins Monday, May 23**

Leisure Services' popular Summer Camp at the Cane Creek Recreation Center is great for children who have completed kindergarten up to 12-years-old. The center is open to campers Monday through Friday from 6:30 a.m. to 5:30 p.m. Part-time and full-time rates are available. For more information, visit [www.cookeville-tn.org/ls/camps/summer-camp](http://www.cookeville-tn.org/ls/camps/summer-camp).

## After Dark Movies in the Park

**Each Friday in June**

The After Dark series brings family-friendly movies to Dogwood Park each Friday in June. Movies begin at dark and admission is free.

## Kids Fishing Derby

**Saturday, June 4**

Hosted in conjunction with the Tennessee Tech Fisheries, the annual Kids Fishing Derby is held at Cane Creek Park on Tennessee's Free Fishing Day. Prizes are awarded to youth for their catch in various categories.



## Community Band Concerts

**May 30, June 13, June 27, July 3, July 11, July 25 and August 8**

The Cookeville Community Band performs free concerts in Dogwood Park beginning Memorial Day through the first Monday in August. They will also perform a patriotic concert on Friday, July 1. Concerts begin at 7:30 p.m.

## Third Thursday Concerts

**May 19, June 16, July 21 and August 18**

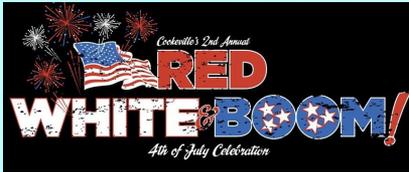
Come to Dogwood Park for a free concert the third Thursday of each month from May through August. A different band is featured each month, covering a variety of music genres. Concerts begin at 7:30 p.m.

# Spring & Summer

## Depot Summer Cinema

July 8, 15, 22 and 29

Enjoy a classic film on the patio of Cookeville's historic Depot Museum. Bring a chair or blanket to for this free event. Movies begin at dark.



## Fourth of July Celebration

July 2, 3 and 4

Join the City of Cookeville in celebration of the July 4<sup>th</sup> holiday!

FREE concerts are planned throughout the weekend at the Performance Pavilion in Dogwood Park:

- Friday, July 1, the 129th Army Band will perform at 7:30 p.m.
- Saturday, July 2 Legacy performs at 5:30 p.m.
- Saturday, July 2 LaFever performs at 6:45 p.m.
- Saturday, July 2 The Malesmen perform at 8 p.m.
- Sunday, July 3 the Cookeville Community Band will perform at 7:30 p.m.

SlideCKVL, a 1,000 foot slip and slide, will be set up down Broad Street in Downtown Cookeville July 2 from 12-10 p.m., July 3 from 1-10 p.m. and July 4 from 11 a.m.-3 p.m. Tickets go on sale May 2, with multiple package options available. Call CPAC at 931-528-1313 for ticketing details.

Then, on Monday, July 4 at 8:45 p.m. the city's Red, White & Boom fireworks display, the largest free fireworks show in Middle Tennessee, will take place at the Putnam County Fairgrounds.

Other family-friendly activities are also being planned for that weekend. Find up-to-date details online at [facebook.com/cookevillefourthofjuly/](https://facebook.com/cookevillefourthofjuly/).

## After Dark Race for the Park

Friday, August 5

Proceeds from this annual event benefit events and improvements at Dogwood Park.

## Backstage Series at CPAC

August 19-27

Backstage productions are selected especially for presentation in the intimacy of the backstage theatre setting. For production titles and ticketing information, visit [cpactn.com](http://cpactn.com).

## Bryan Symphony at

## Dogwood Park

Sunday, September 4

Join Cookeville's symphony for a free concert in Dogwood Park.



## Cemetery Walk

Saturday, September 17

Join us on Saturday, September 17, as we stroll through the candlelit cemetery, visiting the graves of those who have passed before us. The first walk will begin at 6 p.m. and the second at 8:30 p.m. Tickets are \$15 and will go on sale September 5 at CPAC, 528-1313. Please call the Cookeville History Museum, 520-5455 for more information.



Call us!  
520-4 FUN



Email:  
[ls@cookeville-tn.gov](mailto:ls@cookeville-tn.gov)

# Dates to Know



## Shakespeare in the Park

Sept. 30, Oct. 1, 2, 3, 4, 6, 7 & 8

Shakespeare's "Caesar" will come to life in Cookeville's Dogwood Park. This is a free event, with shows beginning at 7 p.m. each night.



## Brown Bag Lunch Concerts

October 7, 14 & 21

The Brown Bag Lunch Concerts series brings a variety of music to the patio of the Cookeville Depot Museum from 11:30 a.m. to 1 p.m. each Friday in October. Free!

## Yoga for Chronic Pain

Mondays, Wednesdays and Fridays  
11 a.m.—noon Cane Creek Recreation Center

This new yoga class, sometimes called Chair Yoga, is designed for participants with chronic pain and the physically challenged. Participants will spend the majority of the class seated in a chair. The "poses" or movements that will be done are very gentle, range-of-motion movements and stretching combined with breathing exercises and meditation.

This class is led by Shelia Barnes. \$2 per class.

## Train Tales

10:30 a.m. Every Friday at the Depot Museum

Geared toward preschoolers, we will read a train storybook each week and walk about our railroad friends.



## Open Gym Activities

The Cane Creek Gymnasium is open Monday through Saturday from 8 a.m. to 10 p.m. and from 1-6 p.m. on Sundays, with open gym activities including pickleball, basketball, volleyball, soccer and more. Admission to the gym is \$1.



## Leisure Services Fitness

The Department of Leisure Services offers group fitness classes daily. Offerings include Zumba, Insanity, STAC, Step, Spin, Yoga and other class options, with something for all ability levels. Classes are \$3 per session and childcare is available during some daytime classes. For a full schedule of class offerings and class descriptions, visit [www.cookeville-tn.org/lis/fitness](http://www.cookeville-tn.org/lis/fitness).

Find us on

facebook

Find a full list of happenings online at  
[Cookeville-tn.gov/lis](http://Cookeville-tn.gov/lis)



CITY OF  
**COOKEVILLE**  
LEISURE SERVICES

